

FREE Bikeability Cycling Courses Summer Half Term 2017

SUMMER
HALF-TERM
2017



Croydon Arena
Albert Road SE25 4QL



Book online at

<http://bit.ly/croydonsummerhalfterm17>

Download info pack

<http://bit.ly/2mWXJJP>

Contact us: info@cyclinginstructor.com
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Bikeability

FREE Holiday Cycling Courses

Cycle to school with confidence! These courses are designed to give trainees the skills needed to make a journey to and from school on quiet roads.

Level 1: Two-hour course, School Year 3 and 4 only, off road only

Level 2: Two-day course, School Year 5 and above

Level 3: One-day course, School Year 6 and above if Level 2 achieved

CROYDON ARENA Albert Road SE25 4QL

Level 1: 1 June, 9.30am–11.30am

School Year 3 & 4 only, Age 8 & 9

Level 1: 1 June, 12pm–2pm

School Year 3 & 4 only, Age 8 & 9

Level 2: 31 May & 1 June, 9.30am–2pm

Two-day course, School Year 5, Age 10 and above

Level 3: 2 June, 9.30am–2pm

School Year 6, Age 11 and above if Level 2 achieved

Bicycles are available to borrow for age 9 and above, too big for younger trainees. Helmets and Hi Viz are supplied.

All trainees must have a signed and completed consent form

- Trainees must have a roadworthy bicycle
- Helmets worn at parental discretion
- Hi Viz tops supplied
- Level 2 & 3 trainees leave the venue and go on road with the instructors
- All instructors are DBS checked
- Bikeability Certificates and Badges are awarded to trainees who successfully complete the course.